



On the Spotlight

Ingredients

Sunflower

Paper bag

Cauldron

Pen

Yellow candle

Timing

Moon in Leo

*Waxing moon for
increasing the attention*



Focus your thoughts on an event where you need the attention to be you. Light the candle.

On the outside of the bag, write down the event, and what being the centre of attention looks like for you..

Place the Sunflower inside the paper bag. Place this inside the cauldron, and drip the yellow wax onto the bundle. Say the incantation.

*As this flame grows, attention falls to me
Leo's moon, will guarantee
Attention is paid, to what I do
Someone whom is looked up to*



Light the wax and paper bundle and allow the smoke to envelope you, when the ashes are cooled, cast these to the air.