



Mind over matter

Ingredients

Blue candle

Pen

Paper

Timing

Moon in Gemini

*Waning moon for
reducing blocks to
learning*



Light the candle and focus on what is getting in the way of learning new skills.

Draw a symbol for Mercury on the paper like this ♀

Say the incantation

*Gemini Moon, please remove
Blocks to learning, so that I may improve
And reduce this difficult learning curve
To move forward with knowledge I deserve*

Carry this symbol with you as you begin your learning journey

