



Procrastination proclamation

Ingredients

Green candle
Mars herbs
Green ribbon

Timing

The Moon in Aries
Waning moon for removing
distractions
Waxing moon for
increasing energy
New moon for a new



start
Full moon for a blend of
the above

Light the candle and focus your thoughts on the outcome of your project. Spend a good amount of time visualising what success looks like to you, including anything that is getting in the way.

Take the herbs and wind the green ribbon around them. Say your incantations as you do so.

Reboot my iron will,
To drive forward using my skill
By Aries Moon, apathy reduced



So a new way is introduced

*Blow out the candle and allow the smoke to
infuse the herb and ribbon bundle.*

*Keep this bundle hanging, either in a place
you associate with your project or in a place
you will be able to see it everyday.*