



# Opening up new social experiences

## *Ingredients*

*Yellow candle*

*Rosemary*

## *Timing*

*Moon in Leo*

*Waning moon for  
reducing*



Small paper bag/  
Paper to wrap round  
the Rosemary  
Safe place to burn  
things

shyness  
Waxing moon for  
increasing sociability  
New moon for a new  
pursuit  
Full moon for a blend  
of the above

Light the candle and focus your thoughts on  
being open to meeting new people, experiencing  
new social situations

Place the Rosemary inside the paper bag, or  
make a parcel out of the paper and wrap  
around the Rosemary. Place this inside the  
cauldron. Say the first part of the incantation



*Leo Moon, inhibitions remove  
With the Sun's aide, social scene improve*

*Drip the melting wax onto the Rosemary and  
paper pouch, continue with your incantation*

*To move aside this shy state,  
This Sun offering is the gate  
Allow my shyness to decrease  
Inhibitions wane and cease  
No longer seen as a wallflower  
Replacing this with personal power*

*Light the Rosemary, wax and paper bundle  
and allow the smoke to envelope you.*