



Reclaiming Ambition

Ingredients

Black candle

Saturn herbs

Paper

Pen

*Cauldron (or fireproof
pan)*

Choose the Timing

Saturday

The moon in Capricorn

*Forming an easy aspect to
Saturn*

*Use a waning moon for
removing obstacles*

*Waxing moon for increasing
desire*

New moon for a new start



*Full moon for a blend of the
above*

*Let your thoughts rest on the issues at hand.
What is it about your career right now that
feels like it needs a reboot? Perhaps you feel
like your options are limited in some way?
Perhaps you need to kick start an ambition
that has been abandoned?*

*Light the black candle and spend some time
focusing on all the issues that are getting in
the way for you right now.*

Now write these onto the piece of paper.



*Take the herbs and fold them inside the paper,
like a little parcel.*

Focus on the issues as you say the incantation

*Capricorn moon, ambition has waned
Relationship with myself is feeling strained
Using energy that Saturn has powered
I bind these issues that have soured
The path of ambition I had taken
Release these now, and ambition awaken*

*Using the flame from the black candle, light
the parcel with the herbs inside. Placing this
in the cauldron.*



Visualise the issues being released as they burn.