



Knotty Issues

Ingredients

*Dark blue or violet
candle*

*A length of
cord/string or ribbon*

Timing

Moon in Cancer

*Waning moon for removing
intuitive blocks*

*Waxing moon for
increasing intuitive
awareness*

*New moon for a new
perspective*

Full moon for a blend of



the above

Light the candle and focus your thoughts on the issue you are struggling with.

Hold the cord in your hand and begin to tie 7 knots into the cord

As you tie each knot, recite the incantation one line for each knot.

One for Cancer's Moon to reveal

Two to allow myself to feel

Three for inner wisdom to show

Four to tell me what I know



*Five for dreams to be seen
Six for information I can glean
Seven for answers to burst as bubbles
By Cancer's Moon light, end my troubles*

*Leave the cord under your pillow for seven
nights but as you wake each morning, untie
one knot until all the knots in the cord are
un-tied again.*

*Pay attention to any dreams, sensations,
coincidences or flashes of intuition that reveal
the answer to you.*

