



Order from Chaos

Ingredients

*A carrot
Non-toxic pen (one used
by kids is fine) or a
pumpkin carving tool
A tool to dig (like a
trowel)*

Choose the Timing

*The Moon in Virgo
Forming an easy aspect
to Mercury and/or Saturn
(On a Wednesday if
possible)
Waning moon for releasing
disorder*



Waxing moon for
increasing order
New moon for a new
start
Full moon for a blend of
the above

Let your thoughts rest on the issues at hand.
What is it about your life right now that you
would like to bring some order to? Perhaps
this is a routine that has been abandoned, or
a plan that you need to make.

Take the carrot and spend some time focusing
on all the chaotic aspects that are getting in
the way for you right now.



Now write or carve these along the carrot with the marker pen.

Take the carrot with you outside somewhere. Find somewhere quiet and reflect on all the disorder you're experiencing.

Start to dig a small hole and repeat this incantation

*Virgo's moon, bless this gift
A disordered life, I need to lift
Detail and order I need to see
To help gain insight and clarity*

Bury the carrot in the hole and cover it, as you head home visualise leaving the disorder



*and chaos behind, and you walking towards a
new beginning with a renewed focus.*